



HOLE IN THE ROCK  
MINISTRIES

*The School of Incarnational Transformation*  
*1 Year Spiritual Formation Program*  
**2023-2024**

Offered at a location in Fresno, CA, beginning in June 2023

By Hole in the Rock Ministries as a regional affiliate of the Christian Formation & Direction Ministries network

**Program Information and Details**

**Hole in the Rock Ministries** [HRM] is a non-profit Christian ministry incorporated in California in 2017, as a regional affiliate of Christian Formation and Direction Ministries (incorporated in 1996). Its mission is to “lead others into a deeper love for and intimacy with the Divine Mystery/God, through spiritual formation and the art of spiritual direction.” For more information, visit our website at [Hole in the Rock Ministries](http://www.holeintherockministries.com).

**The goal of the Spiritual Formation Program** is to help each student

- Develop a deeper experiential relationship with the Divine Mystery through engagement with the material and experiential practices of this program, held by the container of a loving, safe, supportive community created by participants and faculty, resulting in the transformation of ourselves, our families, community and world.
- Grow in their ability to access their inner world and in their capacity to navigate this inner terrain through Internal Family Systems work and other tools
- Discover more of the richness of spiritual formation through experience in group spiritual direction
- Develop an expanding spirituality that includes transformation of the mind, humble connection with the wisdom of the body, and embraces the soul as the bearer of our mythopoetic identity
- Grow in the integration of the feminine and masculine energies within and in their connection with the feminine dimensions of the Divine Mystery
- Develop a deeper and broader set of spiritual practices to support them in their journey

This one-year program is strongly recommended in preparation for all who desire to apply to our 2-year spiritual direction training program. It will assist participants in their discerning a call to the ministry of spiritual direction. This one-year program is also open to anyone seeking a year of more intensive, incarnational-formation, without an intent to apply for the two-year spiritual direction program.

**Program Events and Dates**

June 1-3, 2023	Engaging in Spiritual Formation, Thursday morning thru Saturday At noon at a Fresno location to be determined
November 2-4, 2023	Spiritual Formation continued, Thu. morning thru Sat. at noon...
April 4-6, 2024	Spiritual Formation continued, Thu. morning thru Sat. at noon...
By arrangement	6 group spiritual direction meetings (take place between cohort events – included in the cost of the program)
By arrangement	6 individual meetings with a spiritual director during the year (not included in the cost of the program)
By arrangement	4 body work sessions during the year (not included in the cost of the program)

## Costs

Cost for the program is \$1,600. Tuition covers nine days of instruction and practicum, 6 group spiritual direction sessions, refreshment/snacks and meals [lunches and snacks during each three-day event], faculty resources, administrative costs, and other materials. Not included are costs for transportation, overnight accommodations, program books, and fees, if any, for individual spiritual direction, body work, counseling/therapy and monthly personal retreat days. ***A \$60 processing fee is due with application by April 27<sup>th</sup> [EARLY BIRD PROCESSING FEE IS \$45 if submitted by March 30<sup>th</sup>] and a non-refundable deposit of \$250 is due at time of admission to the program [to reserve a place—space is limited to 16 students] and remaining tuition for the Program is due in advance, in equal payments prior to each cohort event, or by other arrangement with the director.***

## Entry Requirements

Admission is open to individuals from any faith tradition with the understanding that much of the content and prayer will be from the Christian tradition. Life experience, a growing familiarity with and ability to access one's inner world, and contemplative spiritual experience are highly valued in evaluating applicants to this program. Admission to the program is granted upon completion of the following steps:

1. **A completed application with \$60 processing fee submitted by April 27<sup>th</sup>, 2023, or EARLY BIRD APPLICATION WITH \$45 PROCESSING FEE SUBMITTED BY March 30<sup>th</sup>, 2023.** Earlier application is encouraged because class size is limited and may be closed before the deadline for application.
2. For the processing fee, please make check out to ***Hole in the Rock Ministries***.
3. A minimum 3-5 page personal statement detailing interest in spiritual formation and other qualifications for this program ***[Please write this statement in response to the questions in the attached application below]***.
4. Prior experience with contemplative retreats or spiritual formation events (such as Hole in the Rock Ministry's quarterly retreats, Mercy Center offerings or similar events), or personal experience with contemplative spirituality.
5. Meeting regularly with a spiritual director prior to the beginning of the program is recommended, but not required.
6. Two letters of reference [preferably people with some familiarity with your contemplative spiritual journey]. ***Please use reference form below application.***
7. An interview with one or more of the Program Faculty/Staff.

## Faculty

Todd Minturn—Director of Hole in the Rock Ministries, spiritual director, supervisor, retreat leader, 23 years as a Campus Minister with an interdenominational campus ministry, outdoor enthusiast

Lynn Baker—Spiritual Director who incorporates Internal Family Systems into her practice, supervisor, retreat facilitator. She is a Catholic-Mennonite hybrid with 15 years as a hospital chaplain, artist and lover of nature

## Additional faculty/staff

Additional speakers and support staff may be included.

**For more information contact Todd Minturn, Director of Hole in the Rock Ministries—[tminturn@HoleintheRockMinistries.org](mailto:tminturn@HoleintheRockMinistries.org)—(559) 593-1523. An application is included, beginning on the following page.**