



Certificate Program in Christian Formation and Spiritual Direction 2018-2020

Offered at University Presbyterian Church in Fresno beginning in June 2018
By Hole in the Rock Ministries as a regional affiliate of the Christian Formation & Direction Ministries network

The goal of the Certificate Program in Christian Formation and Spiritual Direction is to help you

- To mature into deeper intimacy and friendship with the Triune God
- To develop a theology of Christian spirituality by drawing on and integrating insights from Scripture, theology, historical traditions, psychology and related fields
- To gain experience and skills in providing individual and group spiritual direction in a Christ-centered program and context

Certificate Program Events and Dates

Year One [Focus on Christian formation and introduction to the art of spiritual direction]

June 27-29, 2018

October 10-12, 2018

February 27-Mar 1, 2019

By arrangement

Monthly retreat days

By arrangement

Monthly individual meetings with a spiritual director

Year Two [For those continuing, focused on supervised training in spiritual direction]

May 8-10, 2019

September 25-27, 2019

Final cohort dates TBD

By arrangement

Regular meeting with one's spiritual director

By arrangement

Monthly individual retreat days

TBD

Monthly supervision for direction given

By arrangement

Participation in a network of spiritual directors

Costs

Cost for the two-year program is \$3,950. First year, \$1,670 tuition. Second year, \$2,280 tuition. Not included are costs for transportation, overnight accommodations, program books, and fees, if any, for individual spiritual direction and monthly personal retreat days. A \$50 non-refundable processing fee is due with application and \$300 is due at time of admission to the program [to reserve a place—space is limited to 12 students]

Entry Requirements

Admission is open to individuals [lay or clergy] from any faith tradition with the understanding that much of the content, worship and prayer will be from the Christian tradition. The general expectation is that an applicant will have a bachelor's degree or its equivalent and/or have training or demonstrable knowledge of Scripture and theology. Life experience is highly valued as is awareness of a potential call to be a spiritual director. Admission to the program is granted when the following steps have been completed:

- A completed application submitted by June 1, 2018. Earlier application is encouraged because the size of a class is limited and may be closed before the deadline for application.
- A \$50 non-refundable processing fee, made out to Hole in the Rock Ministries.
- A statement detailing educational background, work experience, spiritual journey, involvement in church and service, and interest in spiritual formation and spiritual direction.
- Two letters of reference [one pastoral and one personal].
- An interview with one of the Program Faculty/Staff.